



Children's Programs

Registration required before each program date!



Early Literacy in December

Monday, December 2nd

10:00AM-11:00AM Ages 1-3

Holiday Forest Animals!

Come & discover the excitement in the Forest!

Tuesday, December 3rd

2:00PM-3:00PM Ages Newborn to 15 months

Twinkle, Twinkle Little Star!

Come & enjoy rhymes, songs and stories
with your "Little Star"!

Thursday, December 5th

10:00AM - 11:00AM Ages 2-5

Santa Claus is Coming to Town!

Let's get ready for the Santa Claus Parade on Dec. 7th!

Come & design cards and posters!

Tuesday, December 10th

2:00PM-3:00PM Ages Newborn to 15 months

Little Shining Stars!

Come & enjoy rhymes, songs and stories
with your "Little Star"!

Tuesday, December 17th

2:00PM-3:00PM Ages Newborn to 15 months

Starry Snowflakes!

Come & enjoy rhymes, songs and stories
with your "Little Star"!

Thursday, December 19th

11:00AM-11:30AM Ages 1-5

Rudolph the Red Nosed Reindeer!

Enjoy songs, games and stories!



Weekly Programs for Little Ones

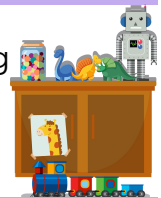
Register for Winter Weekly Programs January 3 - 10

Mondays

Storybook Cupboard: An interactive program for children plus a parent, grandparent or guardian. Come and discover what is hiding within the Storybook Cupboard! For children ages 1-3 years.

9:00 am - 10:00 am

Begins January 13



Tuesdays

Tickles & Giggles: Enjoy a special outing with your baby at the library! Tickles & Giggles is a fun program of tickling rhymes, songs and stories! For newborns-15 months.

2:00 pm - 3:00 pm

Begins January 14

Thursdays

Storytime on Zoom: Join friends on Zoom for some interactive Storytime fun! Ages 1-5.

9:00 am - 9:30 pm

Begins January 16

Caregiver's Corner: Get together weekly with fellow Caregivers of in-home daycares to share playtime, stories and discovering the library! Ages 1-5 and a caregiver.

10:00 am - 11:00 am

Begins January 16



Children & Youth Programs



Drama Lab & Young Actor's Company

Ottawa Valley Theatre Kids instructs these exciting programs for young stars! Different sessions for children ages 6-15, this program offers a fun and nurturing environment for young performers to explore the magical world of theater.



OTTAWA
VALLEY
THEATRE
KIDS

Thursdays

January 9 - April 3

*No class on Thursday, March 13

- \$125-\$140/ 12-week Session
- Registration Required



Our Lady of Fatima School

Ages 6-8

5:15-6:15 pm

Ages 9-11

6:15-7:15 pm

Ages 12-15

7:15-8:30 pm



Craft & Pizza Day with YWHO

Join us for an afternoon of card making! We'll provide all the supplies you need to make a card or two for Blue Monday. Make a card for yourself, or for someone who might be feeling a bit "blue". Pizza lunch supplied by Domino's Pizza Renfrew.

12 pm-2 pm

Saturday, January 18

- FREE for ages 12-25
- Registration Required



PA Day Camp



Join us for our PA Day Camp - a day filled with games, crafts, public skating and more!

- \$40/Per Camper
- Late Pick-Up Available for an Additional Fee
- Registration Required

**Friday,
January 31**

**8:30 am -
3:30 pm**



Kid's Night Out!

Need an evening to relax or enjoy a date night? Drop the kids off at Kids' Night Out! This fun-filled evening for ages 4-11 includes pizza for dinner, creative crafts, exciting games, and a cozy movie with popcorn.

5:30 pm-8:30 pm

Friday, February 7

- \$15/Per Child
- Registration Required



Babies, Toddlers, and Children



Make Friends - Caregiver & Tot Drop In

Looking to connect with other parents and caregivers while your little ones have fun? Join us every Wednesday morning for our "Make Friends" Caregiver & Tot Drop-In program!

9:00 am - 11:30 am

Wednesday Mornings

November 6 - March 26

*No class on December 25 or January 1

- Ages 0-4
- Free
- Drop In



Make with Me - Parent & Child Classes

"Make with Me" isn't just about creating; it's about making memories that will last a lifetime! Join us as we celebrate the magic of creativity, the joy of shared experiences, and the special bond between parent and child.

10:00 am - 11:30 am

Sunday, December 8

Sunday, January 12

Sunday, February 9

- \$15/class
- Registration Required



S.T.E.M. Explorers: Build, Test & Discover!

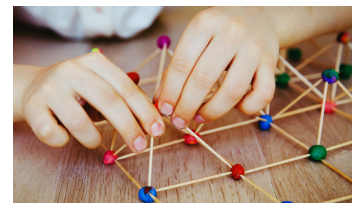
Join Trish for an exciting, hands-on S.T.E.M. adventure! In this interactive program, young innovators will build, test and experiment through a series of fun projects.

5:00 pm - 6:30 pm

Mondays

January 20 - February 10

- Ages 8-12
- \$50/4-Week Session
- \$15/1-Week
- Registration Required



Storytime Adventures: Books & Hands-On Fun!

Jump into a world of stories and creativity. Each session, we'll dive into a picture book and bring its themes to life with hands-on activities. Each participant goes home with a new book.

10:00 am - 11:30 am

Saturday, December 21

Sunday, January 19

Saturday, February 1

- Ages 3-9
- \$20/class
- Registration Required



Kindergym



Parent & Child Class

This program is for children ages 5 and under accompanied by an adult to help them. Tunnels, wedges and beams are set up to increase strength, balance and coordination. Drop in any time throughout the 1.5-hour session.

10:00 am - 11:30 am

Wednesday Mornings

December 4 - March 26

- \$10/Session Per Child
- Registration Required
- Ages 5 and under with adult



3-5 Years Old (without parent)



Children will move through a circuit including tunnels, wedges and beams aimed to increase strength, balance and coordination. This is a great program to start before entering gymnastics.

2:50 pm - 3:20 pm

Wednesday Afternoons

January 15 - February 12

- Ages 3-5
- \$50/5-Week Session Per Child
- Registration Required



Pop-Up Kindergym!

This program encourages parent-child bonding while enhancing your little one's physical skills. Our supervisor will be on-site to ensure a safe and enjoyable experience for everyone.

Sunday, December 29

Sunday, January 26

Sunday, February 23

10:00 am - 11:30 am

- Ages 5 and under accompanied by an adult
- \$10/Session Per Child
- Registration Required



Gymnastics & Open Gym



Gymnastics

This gymnastics program has been developed to teach basic gymnastics skills as an introduction to the sport, but also includes games and activities throughout the 10-week session.

Wednesdays
January 15 - March 26

Two Class Times Available!

3:30 pm-4:20 pm

4:30 pm-5:20 pm

- \$110 for 10-week Session
- Ages 5-11 years old.



*Registration opens Monday, December 2 at 12:00 pm.



Open Gym

Join us for a FREE gymnasium experience where all levels of skill are not only welcome but celebrated! Whether you're a seasoned athlete or just looking to have some fun, our Open Gym Program is the perfect place for you.



December - February

*Registration Required

**Families, Adults, &
Seniors**
Saturdays
12:00 pm - 2:00 pm

Youth 8+ years
*Supervisor on site
Mondays
6:00 pm - 8:00 pm

Fitness Classes



Tai Chi with Sifu Janna

7:15 pm-8:45 pm

Tuesdays

Two Sessions Available!

January 14 - January 28

February 11 - February 25

An opportunity to improve your balance, flexibility, and overall well-being. Whether you're a beginner or an experienced practitioner, Sifu Janna's classes are perfect for all levels.

- \$40+HST/ 3-Week Session
- \$17+HST/ 1-Week
- Registration Required



Yoga with Sarah

Discover balance and renewal with our Beginner-Friendly Yoga Class! Each week, we'll explore a different chakra through gentle, accessible poses, making it perfect for beginners and those looking to deepen their practice. Please bring a yoga block if you have one.

6:30 pm - 7:30 pm

Thursdays

January 23 - February 27



- \$55+HST/ 6-Week Session
- \$15+HST/ 1-Week
- Registration Required



Essentrics® with Kimberly

This workout focuses on improving strength and stability while challenging your balance reflexes and enhancing body awareness. A great challenging workout for ALL fitness levels.

5:30 pm - 6:30 pm

Tuesdays

January 14 - February 11

- \$40+HST/ 5-Week Session
- \$10+HST/1-Week
- Registration Required

Try this class for
FREE on
Tuesday,
December 17
from
5:30 pm- 6:30 pm



Booty Bands with Samm

Booty Bands is a whole-body workout using resistance bands and your bodyweight to get on a good sweat and work your body. All levels welcome!

- \$30+HST/ 4-Week Session
- \$10+HST/ 1-Week
- Registration Required



7:15 pm-8:15 pm

Tuesdays

Two Sessions Available!

January 7 - January 28

February 4 - February 25

Fitness & Dance Classes



Stretch & Strength with Colleen

Certified Personal Trainer and Group Fitness Instructor, Colleen Barrie of Fit Females will instruct a weekly Stretch & Strength Class. This class will enhance flexibility, build muscle, and improve overall body tone, this class is perfect for all fitness levels.

4:30 pm-5:30 pm

Wednesdays

January 8 - February 12

- \$60/6-Week Session
- \$15/1-Week
- Registration Required



Dancercise with Olga

This fun and exhilarating workout combines the best of dance and exercise, set to upbeat music that will keep you moving and motivated. Perfect for all fitness levels.

Try this class for
FREE on
Wednesday,
December 4
from
6:30 pm- 8:00 pm



Mondays

Two Sessions Available!

1st Winter Session

January 6 - January 27

Beginner: 7:15 pm-8:15 pm

Regular: 8:15 pm-9:30 pm

2nd Winter Session

February 3 - March 3

Beginner: 7:15 pm-8:15 pm

Regular: 8:15 pm-9:30 pm

Wednesdays

Two Sessions Available!

1st Winter Session

January 8 - January 29

Regular: 6:30 pm-8:00 pm

Beginner: 8:00 pm-9:30 pm

2nd Winter Session

February 5 - February 26

Regular: 6:30 pm-8:00 pm

Beginner: 8:00 pm-9:30 pm

- \$18+HST/ 4-Week Session
- \$6+HST/ 1-Week
- Registration Required



Falls Prevention Workshop

This **FREE** interactive workshop, lead by physiotherapist Heidi Lacasse, is designed to help individuals reduce the risk of falls and maintain independence. The session will cover practical strategies to prevent falls at home and in daily life. A fall prevention BINGO will follow the education portion of the course!

10:00 am-12:00 pm

Tuesday, January 14

- Free!
- Registration Required



Sponsored By:



QUAIL CREEK
retirement residence

Fitness & Dance Classes



Kettlebells with Samm

This Kettlebell Exercise program, lead by Samm Hart of Simply Hart Fitness, is a dynamic and effective full-body workout designed to build strength, improve cardiovascular endurance, and enhance flexibility.

6:15 pm-7:15 pm

Tuesdays

January 7 - January 28

February 4 - February 25

- \$30/4-Week Session
- \$10/1-Week
- Registration Required

Try this class for
FREE on
Tuesday,
December 17
from
6:15 pm-7:15 pm



Step Aerobics with Olga

Step your way into fitness with our Step Aerobics Class! Using a step platform, this fun and engaging class combines choreographed movements with the intensity of aerobic exercise to give you a great workout while boosting your mood.



6:30 pm-7:30 pm

Thursdays

January 9 - January 30

February 6 - February 27

- \$18/4-Week Session
- \$6/1-Week
- Registration Required

Try this class for
FREE on
Thursday,
December 5
from
7 pm-8 pm



Lady Style Dance with Olga

Unleash your inner diva and embrace your unique rhythm with our Lady Style Dance classes! Designed to celebrate the grace and power of feminine movement, these classes focus on stylish, confident dance routines that emphasize elegance, strength, and flair.

8:00 pm-9:30 pm

Thursdays

January 9 - January 30

February 6 - February 27

- \$18+HST/ 4-Week Session
- \$6+HST/ 1-Week
- Registration Required

Try this class for
FREE on
Thursday,
December 5
from
8 pm-9:30 pm



Badminton & Pickleball



Pickleball Sessions

This is a great place to play if you are new to the sport, or if you like to play recreationally. A fun way to get some exercise and socialize!

- \$3+HST/ Session
- Registration Required
- Drop ins welcome if space is available.

December-February

Monday	Tuesday	Thursday	Friday	Saturday
1:00 pm- 3:00 pm	6:00 pm- 9:00 pm	1:00 pm- 3:00 pm	10:00 am- 12:00 pm	9:30 am- 11:30 am



Pickleball Drills

These self-paced sessions are perfect for players looking to practice and improve their game. No supervisor—just you, your paddle, and the court!

9:00 am-10:00am
Fridays

- \$2+HST/1-Hour Drill Session
- Registration Required



Beginner Pickleball Clinics

Join local pickleball enthusiasts who will teach you more about the fastest growing sport in North America!

10:00 am-12:00 pm
Sunday, December 1
Sunday, January 12
Sunday, February 9

- Free!
- Registration Required



Badminton

The Home Hardware Gymnasium offers three regulation badminton courts. All are welcome play!

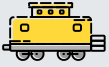
6:00 pm - 9:00 pm
Thursdays

December 5 - February 27

- 16+ (may play with an adult)
- \$4.50+HST/ 3-Hour Session
- Drop ins welcome if space is available.



13FirstAid Training Courses



First Aid

13 First Aid instructs first aid courses. Successful participants receive a Red Cross Standard First Aid, CPR-C, and AED Certifications recognizing their training. It is valid for 3 years.

9:00 am - 4:00 pm

Saturday, December 7

Wednesday, January 15

Saturday, January 25

Monday, February 3

Sunday, February 9

Wednesday, February 19

- \$129.00+HST/Per Person
- Registration Required
- Register Online at www.13firstaid.com

Use coupon code:
RenfrewRec. This code provides users with a **\$10 discount** on CPR-C, EFA, or SFA courses offered in partnership with the Town of Renfrew.



Stay Safe! Home Alone Course

Instructed by a Canadian Red Cross instructor from 13 First Aid. This program teaches applicable and age-appropriate skills while increasing and reinforcing participants' capacity to improve their own safety. Recommended for youth ages 9-13.

9:00 am - 2:30 pm

Saturday, February 8

- \$70.00/Per Person
- Registration Required
- Register Online at www.13firstaid.com

Use coupon code:
RenfrewRec. This code provides users with a **\$10 discount** on Stay Safe Home Alone courses offered in partnership with the Town of Renfrew.



Babysitter's Course

Instructed by a Canadian Red Cross instructor from 13 First Aid. This course covers everything from managing difficult behaviors to essential content on leadership and professional conduct as a babysitter, with an increased focus on first aid. Recommended for youth ages 11-15.

9:00 am - 3:30 pm

Sunday, February 23

- \$75.00/Per Person
- Registration Required
- Register Online at www.13firstaid.com

Use coupon code:
RenfrewRec. This code provides users with a **\$10 discount** on Babysitter's courses offered in partnership with the Town of Renfrew.

YWHO Winter SCHEDULE

Youth Wellness Hubs Ontario

ywho

December

RENFREW COUNTY YOUTH WELLNESS HUB

Activity
Drop In Hours
Monday-Thursday
3pm-6pm

SNACKS ARE ALWAYS
AVAILABLE!!
SWING BY FOR SOME
YUMMY FOOD

Renfrew Location:
1 Ma-Te-way Park Dr
MYFM CENTRE

MONDAY AND
WEDNESDAY IN RENFREW
10AM-6PM
TUESDAY AND THURSDAY
IN PEMBROKE
10AM-6PM

Pembroke Location:
278 Nelson St

Our Core Services
Peer Support
Care Navigation
Recreational & Skill
Building Activities
***Mental Health and
Addictions
Counselling***
by appointment
Primary Care
**All Services FREE OF
CHARGE**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. 	2.  Let's Make Holiday Ornaments & Greeting Cards/ 3pm-6pm	3.  Mario Kart Tournament / 3pm-6pm	4.  Winter Bucketlists / 4:30pm-6pm	5.  You're the Chef 4pm-6pm	6. Virtual Services Available by Appointment 8:30am-4:30pm	7. Renfrew Santa Clause Parade @ 530 pm
8. 	9.  Safety Talks with BMH 3pm-5pm	10.  Let's Make Holiday Ornaments & Greeting Cards 3pm-6pm Bernadette McCann 3:30pm-5:30pm	11.  Firework Painting 4:30pm-6pm Ontrac 2:30pm-4pm	12.  Greeting Cards (ages 18-25) 12pm-1pm Equinox Gym Time 4pm-5pm (please register)	13. Virtual Services Available by Appointment 8:30am-4:30pm	14. 
15. 	16.  Winter Trivia / 4:30pm-5:30pm	17.  Winter Bucketlists / 4:30pm-6pm	18.  Holiday Get Together 4pm-7pm	19.  Holiday Baking and Games 4pm-7pm	20.  Holiday Coffee House in pembroke 3pm-6pm	21. 
22. 	23.  Gingerbread Cookie Decorating Competition 1pm-4pm holiday treats 4-5pm	24.  Holiday treats & Movie 10am-12pm must register	25. 	26. 	27. Virtual Services Available by Appointment 8:30am-4:30pm	28. 
29. 	30.  R/CYWHO Scavenger Hunt & Karaoke Time 2 pm- 5pm	31.  Winter Trivia & Minute to Win it Games 11am-3pm DO YOU KNOW?	<p>HAVE QUESTIONS? WANT TO REGISTER FOR AN EVENT? CALL OR EMAIL US!! 613-570-8953 renfrewcountyywho@gmail.com</p> 			

January

RENFREW COUNTY YOUTH WELLNESS HUB

Activity
Drop In Hours
Monday-Thursday
3pm-6pm

SNACKS ARE ALWAYS
AVAILABLE!!
SWING BY FOR SOME
YUMMY FOOD

Renfrew Location:
1 Ma-Te-way Park Dr
MYFM CENTRE

MONDAY AND
WEDNESDAY IN RENFREW
10AM-6PM
TUESDAY AND THURSDAY
IN PEMBROKE
10AM-6PM

Pembroke Location:
278 Nelson St

Our Core Services
Peer Support
Care Navigation
Recreational & Skill
Building Activities
***Mental Health and
Addictions
Counselling***
by appointment
Primary Care
**All Services FREE OF
CHARGE**

HAVE QUESTIONS? WANT TO REGISTER FOR AN EVENT?
CALL OR EMAIL US!!

613-570-8953
renfrewcountyywho@gmail.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5. 	6.  Hot Chocolate Bar and Sweet Treats 4:30pm-5:30pm	7.  PLEO (Renfrew) 6:30pm-8pm Winter Minute to Win it Games 4:30pm-6:00pm	8.  Community Services 2pm-4pm Dear Future Me 4:30pm-5:30pm	9.  Community Services 2pm-4pm Movie Watch Party 4:30pm-5:30pm	10. Virtual Services Available by Appointment 8:30am-4:30pm	11. 
12. 	13.  Algonquin College Student Run Activities 3pm-4pm DIY Board Games 5pm-6pm	14.  Algonquin College Student Run Activities 3pm-4pm Hot Chocolate Bar and Sweet Treats 4pm-5pm	15.  Algonquin College Student Run Activities 3pm-4pm Trivia 4:30pm-5:30pm	16.  Algonquin College Student Run Activities 3pm-4pm Intro to Drama/Acting 5pm-6pm	17. Virtual Services Available by Appointment 8:30am-4:30pm	18.  Card Making in partnership with the Town of Renfrew 12pm-2pm (at the Renfrew YWHO site)
19. 	20.  Youth Advisory 3:30pm-4:30pm Winter Minute to Win it Games 5-7pm	21.  Cooking with the Pembroke Library 3-4pm Arts and Crafts 5pm-6pm	22.  Virtual Employment Services 1pm-3pm Bowling 4pm-5pm MUST REGISTER	23.  Algonquin College Student Run Activities 3pm-4pm Just Dance 5-7 pm	24. Virtual Services Available by Appointment 8:30am-4:30pm	25. 
26. 	27.  Algonquin College Student Run Activities 3pm-4pm Movie Watch Party 4:30pm-6pm	28.  Youth Advisory 3:30pm-4pm DIY Pizza 4:30pm-5:30pm	29.  Arts and Crafts 5pm-7pm Parent Advisory 5pm-5:45pm	30.  Trivia 4:30pm-5:30pm Algonquin College Student Run Activities 3pm-4pm	31.  Music Group in Pembroke 4pm-7pm	

YWHO Winter SCHEDULE

Youth Wellness Hubs Ontario

ywho

FEBRUARY

RENFREW COUNTY YOUTH WELLNESS HUB

Activity
Drop In Hours...
Monday-Thursday
3pm-6pm

SNACKS ARE ALWAYS
AVAILABLE!!
SWING BY FOR SOME
YUMMY FOOD

Renfrew Location:
1 Ma-Te-way Park Dr
MYFM CENTRE

MONDAY AND
WEDNESDAY IN RENFREW
10AM-6PM
TUESDAY AND THURSDAY
IN PEMBROKE
10AM-6PM

Pembroke Location:
278 Nelson St

Our Core Services
Peer Support
Care Navigation
Recreational & Skill
Building Activities
***Mental Health and
Addictions
Counselling***
by appointment
Primary Care
**All Services FREE OF
CHARGE**

HAVE QUESTIONS? WANT TO REGISTER FOR AN EVENT?
CALL OR EMAIL US!!

613-570-8953

renfrewcountyywho@gmail.com

SUNDAY MONDAY TUESDAY

WEDNESDAY THURSDAY

FRIDAY

SATURDAY

2. 	3. Talk and Tea 3pm-4pm  Pictionary 4:30pm-5:30pm	4. PLEO Group in Renfrew 6:30-8pm  Self Care Day 3:30pm-4:30pm	5.  Algonquin College Student Run Activities 3pm-4pm	6. RCYWHO Activity 4:30pm-5:30pm Talk and Tea 3pm-4pm	7. Virtual Services Available by Appointment 8:30am-4:30pm	1. 
9. 	10. TV Show Watch Party 5pm-7pm 	11.  Mario Kart Tournament 4:30pm-5:30pm	12.  Self Care Day 3:30pm-4:30pm	13. Board Games & snacks 4-6 pm 	14. Virtual Services Available by Appointment 8:30am-4:30pm	15. 
16. 	17.  Family Time	18. Algonquin College Student Run Activities 4:30-5:30 pm 	19. Trivia Time 4:30pm-5:30pm 	20. TV Show Watch Party 4:30pm-5:30pm 	21. Virtual Services Available by Appointment 8:30am-4:30pm	22. RCYWHO Brunch at the Pembroke Site 11am-1pm (MUST REGISTER) 
23. 	24. Youth Advisory 3pm-3:45pm Algonquin College Student Run Activities 4:30-5:30 pm 	25. Youth Advisory 3pm-3:45 pm Trivia Time 4:30pm-5:30pm 	26. Pool Tournament 4:30pm-5:30pm Parent Advisory 5:15pm-5:45pm 	27. Follow Along Painting 4:30pm-5:30pm 	28. Music Group 4pm-7pm (in Pembroke) 	



Did You Know?



Did you know the library lends snowshoes and Nordic walking poles? Use your library card to borrow a pair for up to three days!



Did you know that the library offers home delivery? If you reside within the Town of Renfrew, including one of Renfrew's senior residences or long-term care facilities, we can deliver books (including large print), audio books and/or movies to you. Please contact the library at 613-432-8151 ext. 603 or info@renfrewlibrary.ca to request this service.



Did you know that the library lends out video games? We have games for Nintendo Switch, PS3, Ps4 and XboxOne.

NHA/NHL Birthplace Museum

Read about the early days of hockey in Ontario and Quebec and learn about the making of the NHA in the small town of Renfrew over 100 years ago.

Discover the story of M.J. O'Brien, his son Ambrose, and their mission to win the Stanley Cup, changing Canadian Hockey forever.



SEPTEMBER-JUNE

Thursday

1 pm-4 pm

Friday & Saturday

10 am-4 pm

 **myFM Centre - 1 Ma-te-Way Dr.**



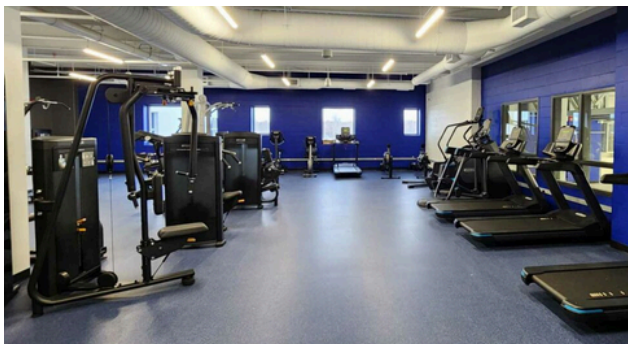
McGrimmon Holdings Fitness Centre

The McGrimmon Holdings Fitness Centre is open seven days a week with memberships available at the Reception Office at myFM Centre.

Drop In Rate:	\$12.00+HST
One Month:	\$50.00+HST
Three Months:	\$125.00+HST
Six Months:	\$225.00+HST
One Year:	\$350.00+HST

6:00 am-10:00 pm

Closed Holidays



Please contact staff at the Reception Office with any questions or concerns.

 **Email:**

Recreation@renfrew.ca

 **Phone:**

613-432-3131

EXTERNAL CONTACTS

The below contacts are individuals and organizations that rent space at a Town of Renfrew facility to instruct their own programs.

- **FITNESS CLASSES:** Pat McGregor 613-312-9544 patter@sympatico.ca
- **YOGA:** Francis Finnigan 613-601-6124 flowerlady_450@hotmail.com
- **DOG OBEDIENCE:** Ashley Fontes 613-570-1823 ashley.fontes.11@gmail.com
- **BRAZILIAN JIU JITSU:** Jason Smith 613-432-0437 renfrewbjj@gmail.com
- **BEAT BUDDIES:** Kelly Pecoskie 613-312-7531 kellypecoskie@gmail.com
- **WATER PAINT CLASS:** Pat Forrest 613-433-6569 theartfulpainter@gmail.com
- **ACRYLIC PAINT CLASS:** Murielle Egan 613-290-5413 murielleegan@gmail.com
- **KARATE:** Mauro Borghi 613-432-0070 mauroborghi@hotmail.com
- **ZUMBA:** Peter Boldt 613-432-5654 boldtqualitycontrol@gmail.com
- **BELLY DANCE:** Gwen Melville 613-312-9096 gelabellydance@gmail.com
- **BABY COLLEGE:** Katrina Morrison 613-204-8770 kat@babycollege.ca
- **BALLET:** Michelle Picard 613-639-3588 michellepicard5678@gmail.com
- **CIRCUIT TRAINING:** Dan Caldwell wathunk@hotmail.com
- **GYMNASTICS:** Gymnastics EH! youthgymnasticseh@gmail.com
- **MINOR HOCKEY:** Kyle Schroeder (President) president@renfrewminorhockey.ca
- **RINGETTE:** president@uovringette.ca
- **FIGURE SKATING:** Marnie Pratt (President) renfrewfigureskatingclub@gmail.com
- **MINOR SOCCER:** Shannon Hewitt (President) rmscpresident@gmail.com
- **YOUTH WELLNESS HUBS (RCYWHO):** Sarah Haaima (Manager) shaaima@renfrewhosp.com
- **RENFREW PREP BASKETBALL:** Marek Kopiowski 613-570-4165 contact@renfrewprep.com
- **SILVERWOLVES HOCKEY:** Ryan McIntyre 613-433-4840 silverwolves.hc@gmail.com

For questions regarding renting a facility, please contact Donna McWhirter



dmcwhirter@renfrew.ca



613-432-3131 x701



Renfrew
INC • 1858
Bridging Charm and Convenience



Stay up to date!
Click here to sign up for our monthly
Town of Renfrew newsletter

Resident Rate applies to those that have Recreation Agreements with Town of Renfrew including:

- Town of Renfrew
- Township of McNab/Braeside
- Horton Township
- Township of Admaston/Bromley
- Township of Greater Madawaska



Renfrew Public Library



Stay up to date!
Click here to sign up for our monthly
Renfrew Public Library newsletter

Do you have a special skill, hobby or interest?

We are always looking for instructors who can offer programs and activities for groups, workshops, or even single/one-time events. Contact us using the information below:

Town of Renfrew ☎ 613-432-4848 x 118

✉ programs@renfrew.ca

Renfrew Public Library ☎ 613-432-8151 x 603

✉ info@renfrewlibrary.ca