



Renfrew Public Library



**Renfrew**  
INC • 1858  
Bridging Charm and Convenience

SPRING 2024

PROGRAM



GUIDE



MARCH



APRIL



MAY

## Locations



- **myFM Centre**, 1 Ma-te-Way Dr.
- **Renfrew Public Library**, 13 Railway Ave.
- **Visitor Information Centre**, 190 Mask Rd.

**\*Resident fee applies to those that live in:**

Town of Renfrew, Township of Admaston/Bromley, Horton Township,  
Township of Greater Madawaska, Township of McNab/Braeside

# PROGRAM REGISTRATION



Renfrew Public Library



**Register Online:**

[bookwhen.com/renfrewpl](http://bookwhen.com/renfrewpl)



**Call:**

613-432-8131 ext. 603



**Visit:**

13 Railway Ave. Renfrew, K7V 3A9



**Email:**

[info@renfrewlibrary.ca](mailto:info@renfrewlibrary.ca)



Scan to  
register online



**Renfrew**  
Bridging Charm and Convenience



**Register Online:**

[app.univerusrec.com/renfrewpub/courses/](http://app.univerusrec.com/renfrewpub/courses/)



**Call:**

613-432-4848 ext. 118



**Visit:**

myFM Centre, 1 Ma-te-Way Dr. Renfrew



**Email:**

[programs@renfrew.ca](mailto:programs@renfrew.ca)



Scan to  
register online



# SKATING SCHEDULE

## Skating schedule for March, April, and May.

\*There may be some cancellations due to previous ice bookings.  
Please check our Community Calendar on our website for exact dates.

- FREE-You do not need to register
- myFM Centre (Deslaurier Rink), 1 Ma-te-Way Dr.

## Tots/ Senior Skating

- **Tuesdays:** 10:30 am - 12:00 pm
- **Fridays:** 10:30 am - 12:00 pm

Strollers are permitted. Skates are mandatory.

## Public Skating

- **Saturdays:** 5:30 pm - 6:30 pm
- **Sundays:** 2:00 pm - 3:00 pm

Questions regarding Skating Schedule, please contact Randy Smith



rsmith@renfrew.ca



613-432-3131 x 711

# AQUATIC AGREEMENT

The Town of Renfrew has an Aquatic Agreement with the Town of Arnprior where Renfrew residents pay the same rate Arnprior residents pay when using the pool at the Nick Smith Centre. The swimming lesson schedule will be visible online starting Mar 11, 2024, at [www.arnprior.ca/registration](http://www.arnprior.ca/registration)

## Aqua Fitness/Adult Lessons/Greyfish Registration

Non-Resident (including Renfrew residents): Mar 20th at 9:00am

## Children's Swimming Lesson Registration

Non-Resident (including Renfrew residents): Mar 27th at 9:00am



Please check online at [www.arnprior.ca](http://www.arnprior.ca) or call 613-623-7301  
to confirm the schedules and availability.



# SPRING BOOK CLUBS

Renfrew Public Library - 13 Railway Ave.

## Cuppa Crime

Solve the mystery of what to read next with Cuppa Crime Book Club! Mystery, thriller and true crime readers unit to share recommendations and chat about their latest reads.

**Thursday, March 7**

**Thursday, April 11**

**Thursday, May 9**

**5:00 pm - 6:00 pm**

- Once a Month
- Registration Preferred
- Free!



## Love of Literature

Renfrew Public Library's original book club! Share your thoughts on each month's shared novel, and delve into deep discussion about it.

**Thursday, March 21**

**Thursday, April 25**

**Thursday, May 23**

**6:00 pm - 7:00 pm**

- Once a Month
- Registration Preferred
- Free!



## Rebel Readers

A book subscription program for teens & tweens. Get a book personally selected to your tastes, with some related activities and treats once a month!



- Ages 10-17
- Once a Month
- Registration Required
- Free!



# FOREST OF READING



**Register at The Library.**  
**Voting day is Tuesday, April 23!**

The Forest of Reading® is Canada's largest recreational reading program! This initiative offers ten reading programs to encourage a love of reading in people of all ages. The Forest helps celebrate Canadian books, publishers, authors and illustrators.

**Discover the lists of titles, and more about the program at:**  
**[forestofreading.com](http://forestofreading.com)**

## January - April

Register for Blue Spruce, Silver Birch, Yellow Cedar, & Prix Peuplier in the Children's Department. Pick up a voting passport for Red Maple and White Pine categories in the Teen Area upstairs

## Categories and Reading Lists for Ages 4 to Adult!



Blue Spruce Award™  
Ages 4-7  
JK-Grade 2  
Picture Books



Silver Birch Express Award®  
Ages 8-10  
Grades 3-4  
Fiction & Non-fiction



Silver Birch Award®  
Ages 8-12  
Grades 3-6  
Fiction



Red Maple Award™  
Ages 12-13  
Grades 7-8  
Fiction



Yellow Cedar Award  
Ages 9-14  
Grades 4-8  
Non-fiction



White Pine Award™  
Highschool  
Grades 9-12  
Fiction



Evergreen Award™  
Adults of ANY Age  
Fiction & Non-Fiction



# MARCH EVENTS

## Tech Help

Have a tech question?  
Stop by the Library to  
Troubleshoot together!  
Or book an  
appointment with  
library staff anytime.



**Free!**

## Guess that Quote!



### All Month:

Each week at the Renfrew Public Library, we'll choose a quote from a popular or classic novel. Can you guess which book it's from?



## Board Game Cafe

Let's turn the Renfrew Public Library into a boardgame cafe! We'll provide the coffee and the games - you provide the players! This month, we'll be playing Doomlings!

**Thursday, March 7**

**6:00 pm - 8:00 pm**

- 14 +
- Free!
- Pre- Registration Recommended



This program will also  
take place on  
Thursday, April 11 (Cascadia) &  
Thursday, May 2 (Catan)!

Renfrew Public Library - 13 Railway Ave.

## Empowering Women Workshop

In celebration of International Women's Day. Engage in self-analysis, challenge your mindset and unlock your potential in a supportive and empowering environment. This workshop includes an interactive presentation, mini workbook and meaningful discussions.

The bar will be open for refreshments  
throughout the evening! \*CASH ONLY

**Friday, March 8**

**6:00 pm - 8:00 pm**

**\$45**  
+HST



myFM Centre: Community Hall - 1 Ma-te-Way Dr.

# MARCH EVENTS

## Climate Cafe

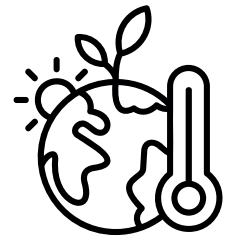
"Hope begins with conversation." - Dr. Katharine Hayo

The Council of Canadians of Kitchissippi Ottawa Valley will be offering a friendly, informative, drop-in event. We'll chat about what we can do to help the climate and why the climate matters.

**Saturday, March 9**

**9:30 am - 12:00 pm**

- All Ages Welcome
- Free!
- Drop In



Renfrew Public Library - 13 Railway Ave.

## Cultural Exchange Event

Join us in celebrating diversity, unity, and the richness of cultures at the first-ever Cultural Exchange Event, presented by the Town of Renfrew in collaboration with Local Immigration Partnership - Lanark & Renfrew.

**Saturday, March 9**

**10:00 am - 2:00 pm**

- Diverse Performances
- Delicious Global Cuisines
- Engaging Activities for all Ages!



myFM Centre: Community Hall -  
1 Ma-te-Way Dr.

## Myth Busting: Gender Affirming Care

The Renfrew Public Library welcomes the Canadian Centre of Gender & Sexual Diversity to chat about what gender affirming care REALLY is and how myths get spread. Bring your questions and a willingness to learn in a safe space!

**Tuesday, March 12**

**3:00 pm & 6:30 pm**

- Registration Required
- Free!



Renfrew Public Library - 13 Railway Ave.

# APRIL EVENTS

## Memory Circle

Come chat about “the good old days” and share your memories about parenting styles.

**Wednesday, April 3**

**1:00 pm**

- Ages 60+
- Drop in
- Free!



Renfrew Public Library -  
13 Railway Ave.

## Adult D&D

Join our Dungeon Master for a short mini-campaign to the world of Dungeons & Dragons! No experience necessary.

**Tuesday, April 2 &  
Tuesday, April 16**

**5:00 pm - 8:00 pm**

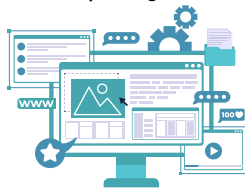
- Ages 17+
- Registration Required
- Free!



Renfrew Public Library -  
13 Railway Ave.

## Web Developer Coding Bootcamp

RPL will take you from knowing nothing about coding to being able to apply for an entry level web developer position. With only a few hours per week at home, and a one-hour library meeting once a month, you will cover the content and learn the skills needed to begin applying for web-developer jobs!



**Thursday, April 4**

**6:30 pm**

- 18+
- Registration Required
- Free!

This program will also take place on Thursday, May 2nd!

Renfrew Public Library -  
13 Railway Ave.

## Fused Glass Workshop

Janet Springer from Lake View Design will be offering an introduction workshop on fused glass. Create a gnome plant stake and plant poke.

**Sunday, April 7**

**1:00 pm - 3:00 pm**

- All Ages
- Registration Required
- \$70.00/ per person



Visitor Information Centre -  
190 Mask Rd.

## BIAK Drumming & Teachings

Learn about the medicine wheel from BIAK and participate in group Indigenous drumming.

**Monday, April 8**

**10:30 am**

- Ages 18+
- Registration Required
- Free!

Renfrew Public Library -  
13 Railway Ave.

# APRIL EVENTS

## Indian Cooking Class

Make your own delicious Indian lunch with Divya from Nala's Kitchen! We'll provide everything you need to create a yummy meal and then share it together!

**Saturday, April 13**

**11:00 am**

- Ages 12+
- Registration Required
- \$40.00/per person



Renfrew Public Library -  
13 Railway Ave.

## National Canadian Film Day

This year's theme is "Films that A.I. Could Never Make." Join us for a day full of Canadian filmmaking. Popcorn provided by Renfrew Public Library.

**Wednesday, April 17**

**All Day!**

- All Ages
- Drop In
- Free!



Renfrew Public Library -  
13 Railway Ave.

## Healthy Eating Workshop

We will be joined by Registered Dietician Melissa Verch to make a tasty, healthy chicken & black bean stir fry!

**Sunday, April 21**

**1:00 pm - 2:00 pm**

myFM Centre: Upstairs Hall  
1 Ma-te-Way Dr.

**\$30  
Per  
Person**



## Spring Cleanup Week

**Saturday, April 20 - Sunday, April 28**



Beginning Monday, April 15 you can pick up clean up kits including pitch in bags and gloves at Town Hall, Renfrew Public Library, and myFM Centre.

Questions regarding Spring Cleanup ✉ [aspringer@renfrew.ca](mailto:aspringer@renfrew.ca) ☎ 613-432-4848 x307

# MAY EVENTS

## Bike Month!



Find the RPL bookmobile at various Renfrew parks throughout the month. Follow us on social media @renfrewpubliclibrary to see where we'll be - with books, take & make crafts, smiles & more!

## Adult Colouring

Help the colours of spring bloom by sitting down with some adult colouring pages!

**Wednesday, May 8**  
**All Day!**

Renfrew Public Library -  
13 Railway Ave.

**FREE!**

## Traveling Andalusia

Join Ray Parchello as he shares his journeys of the Andalusia Region with you.

**Thursday, May 16**  
**6:30 pm**

- All Ages
- Free!
- Drop in

Renfrew Public Library -  
13 Railway Ave.

## Sound Bath Healing

Immerse yourself in soothing sounds, vibrations, and frequencies. Sound bath healing promotes deep relaxation, reduces stress and restores balance.

**Sunday, May 5**  
**6:30 pm - 7:30 pm**

- All Ages
- Registration Required

Visitor Information Centre -  
190 Mask Rd.

**\$25**  
**+ HST**

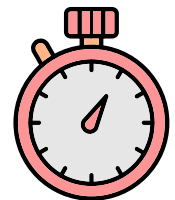
## Speed Friend Making

It's like speed dating - but for friends! Participants will have a few minutes to chat with someone before we ring the bell and send you to the next person.

**Saturday, May 18**  
**1:00 pm - 2:30 pm**

- Adults 18+
- Free!
- Registration Required

Renfrew Public Library -  
13 Railway Ave.



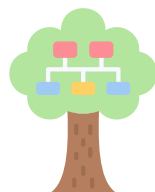
## Ancestry for Seniors

Curious about your family history? Get introduced to the library's Ancestry database and some of the amazing things you can find!

**Monday, May 27**  
**1:00 pm**

- 55+
- Free!
- Drop in

Renfrew Public Library -  
13 Railway Ave.



## Estate Planning

What's the difference between a will and a power of attorney? Do you need both? Why bother? Lawyer Sherry Beattie will be here to answer questions!

**Thursday, May 30**  
**6:30 pm**

- 18+
- Free!
- Registration Required

Renfrew Public Library -  
13 Railway Ave.







# GARDENING

## Seed Starting Workshop

These workshops will teach the basics of starting seeds. You will be provided with everything you need at this workshop to start 4 different plants.

**Sunday, March 24**

- 10:00 am - 12:00 pm
- 1:30 pm - 3:30 pm



- \$45.00 +HST
- Registration Required

Visitor Information Centre - 190 Mask Rd.

## Gardening 101 Talk

This talk will provide you with information on buying seeds, what to plant and when, what soil to use and why, correct temperatures, lighting, and environment, and MORE!

**Sunday, April 14**

- 10:00 am - 12:00 pm
- 1:30 pm - 3:30 pm



- \$30.00 + HST
- Registration Required

Visitor Information Centre - 190 Mask Rd.

## Garden Talk: Community Gardens

Calling all gardeners! Come and learn about Renfrew's community gardens and how you can take part, with tips from local gardener Brian. Also, get a sneak peek and behind-the-scenes access to RPL's Seed Library.

**Thursday, April 18**

**5:00 pm - 6:00 pm**

- Free!
- Registration Recommended



Renfrew Public Library - 13 Railway Ave.

# DAY CAMPS

## March Break Camp

March Break Campers will conduct science experiments, explore nature, participate in sports, sledge hockey, arts and crafts, and more!

**Monday, March 11 - Friday, March 15**

**8:30 am - 3:30 pm**

\*Late pick up at 4:15 pm  
available for an additional fee

**\$200/  
Week**

**For Children 5-11 Years of Age**  
myFM Centre, 1 Ma-te-Way Dr.



## Challenger Soccer Camp

Join us for an International Soccer Camp without leaving your area! Challenger has partnered with Town of Renfrew to offer soccer camps to improve your child's soccer skills whilst providing a unique cultural experience.

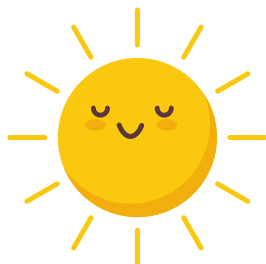


**Monday, July 22 - Friday, July 26**

**For Children 3-14 Years of Age**

Lindsay Field at Ma-te-Way Park, 1 Ma-te-Way Dr.

## Summer Day Camp Registration



Registration for Summer Day  
Camp will open on  
Wednesday, May 1st at 12 noon.



# MARCH BREAK AT THE LIBRARY

March 11th - March 15th

## Tiny Art Project!

Let's create art with a library book! All tiny Art Projects will be put on display and judged throughout the week in the Tiny Art Contest.

**Monday, March 11**  
10:30 am - 12:00 pm

- Ages 6-12
- Registration Required



## Look Up, Look Down, Look All Around the Town Alphabet Scavenger Hunt!

Keep a look out for Alphabet Letter Posters throughout the town! If you find an Alphabet Poster, return it to the Children's Library and receive a ballot for the prize draw!



## Take & Make Packages!

Drop by and pick up a creative package to enjoy at home!  
\*While supplies last

## It's Wonka Time!

Join us as we explore the world of Willy Wonka!

**Wednesday, March 13**  
1:30 pm - 3:00 pm

- Ages 8-12
- Registration Required



## Instrument Petting Zoo

Come and "pet" different musical instruments! A special thank you to Long & McQuade for putting together a musical package for us to explore.

**Thursday, March 14**  
10:30 am - 11:30 am

- Ages 4-12
- Registration Required



## D&D Day

Join DM Kat for a full day of Dungeons & Dragons! No previous experience required. Pizza lunch provided by Domino's!

**Friday, March 15**  
9:00 am - 3:00 pm

- Ages 11-16
- Free!
- Registration Required



# KINDERGYM

## Parent & Child Class

This program is for children aged 5 and under accompanied by an adult to help them. Set up will include tunnels, wedges and beams aimed to increase strength, balance and coordination. This program is an exploratory program and adults must remain within arms distance of their child. Drop in anytime through the 1.5-hour session.

Pre-register to guarantee your spot.

**Thursday, March 7-Thursday, May 30**

**10:30 am - 12:00 pm**

- \$10/class per child
- Ages 5 and under
- Gymnasium-myFM Centre, 1 Ma-te-Way Dr.

## Children 3-5 years old

Children will move through a circuit including tunnels, wedges and beams aimed to increase strength, balance and coordination. This is a great program to start before entering gymnastics.

- \$50 for 5-week Session
- Ages 3-5
- Gymnasium-myFM Centre, 1 Ma-te-Way Dr.



**April 10-May 8**

**2:50 pm - 3:20 pm**

**May 22-June 19**

**2:50 pm - 3:20 pm**

# ACTIVE YOUTH

## Empowering Athletes

Athletes of any background will work on developing athletic qualities such as strength, coordination, speed, balance and mobility. The focus is on long term athletic development and incorporating basic movements that set the foundation to be able to learn more complex athletic/sports specific skills.

- \$60 for 5-week session
- Ages 8-13
- Gymnasium-myFM Centre, 1 Ma-te-Way Dr.

**April 10-May 8**

**3:30 pm - 4:20 pm**

**May 22-June 19**

**3:30 pm - 4:20 pm**

## Parkour

Learn and build on the basics of parkour, a popular trend and fun activity. Participants will learn how to run, jump and fall properly in a controlled setting.

- \$50 for 5-week Session
- Ages 8-14 years old
- Gymnasium-myFM Centre, 1 Ma-te-Way Dr.



**April 3-May 1**

**4:30 pm - 5:15 pm**

**May 15-June 12**

**4:30 pm - 5:15 pm**

# CHILDREN & FAMILIES

Renfrew Public Library - 13 Railway Ave.

## Take Home Kits!

Science Kit includes science activities, How-To instructions and the learning behind the science!

**Available Monthly!** • Ages 5 & up

let's talk  
science

## Homeschooler Hive

The "Hive" is buzzing with fellow Homeschoolers sharing ideas and children enjoying special activities!

**Wednesday, March 20**  
**Wednesday, April 17 &**  
**Wednesday, May 15**  
**1:30 pm - 2:30 pm**

 • Registration Required

## Celebrate Our Earth!

Get planting! Drop in April 15-April 20th to pick up your Earth Day Planting Kit!



Join us Saturday, April 20th,  
9:30am-11:00am for hands-on  
Earth Day activities!

## Kid Librarian



Kid Librarians will be chosen each month to curate a display within the Children's Library showing some of their favourite library books.

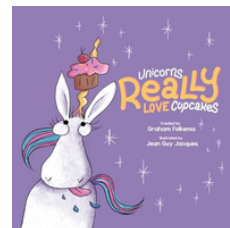
- Ages 8-12
- Registration Required

## Author Visit: Graham Folkema!

Graham Folkema, author of "Unicorns Really Love Cupcakes" will be joining us to share his book writing experiences!

**Friday, May 17**  
**1:00 pm**

- Registration Required



## Book Dragon Buffet

Let's talk about Literacy! Share your latest library book find and entice us with a read aloud of your favourite parts.

Discover the Forest of Reading books - Need some reading practice? Let us know and we can organize a reading buddy!

**Wednesdays**  
**4:00 pm - 4:30 pm**

- Registration Required
- Ages 4-12
- Contact Susan for details!  
[sklinck@renfrewlibrary.ca](mailto:sklinck@renfrewlibrary.ca)



# CHILDREN & FAMILIES

Renfrew Public Library - 13 Railway Ave.

## 100 Books Before Kindergarten

An early literacy program for children before entering kindergarten! Register at the Children's Circulation Desk. Track your reading and show us your reading log - it's that easy! Children will receive a Keepsake Diploma and a special letter to present to their teacher on the first day of school.



## Caregiver's Bundles

Do you have an in-home daycare? We can create a special bundle of books and activities for you to share with your little ones!

- Registration Required
- Contact Susan for details! [sklinck@renfrewlibrary.ca](mailto:sklinck@renfrewlibrary.ca)



## B.I.A.K. Indigenous Teachings & Drumming

Enjoy songs and stories through drumming. Brought to you by BIAK EarlyON Mobile Unit.

**Thursday, March 21**  
**Thursday, April 18**  
**Thursday, May 16**  
**10:30 am - 11:00 am**

- Registration Required



## Meet & Greet with EarlyON

Barb & Madison from EarlyOn will be joining Susan for a fun, social morning of exploring the library, hands-on activities and stories. Drop in and say, "Hello!"

**Monday, April 29**  
**Monday, May 27**  
**9:30 am - 11:30 am**

- Ages 0-6



## Easter Scavenger Hunt

Get Hopping! Find the Bunnies hidden within the library to find the answer to our Easter question and enter your answer into the prize draw!



**Monday, March 25 -**  
**Monday, April 1**

## Hands-On-Tuesdays

From artwork to S.T.E.M. challenges, perfect for those who like to be creative and use their imagination.

- 6:00 pm - 7:00 pm
- Registration Required

- **March 5 - B3** Ages 6-12
- **March 26 - Easter Bunnies** Ages 4-10
- **April 2 - National Picture Book Day** Ages 4-10
- **April 9 - Snap, Crackle & Pop!** Ages 8-12
- **April 16 - Earth Day** Ages 6-12
- **April 23 - Jelly Bean Day** Ages 4-10
- **April 30 - Fly a Kite** Ages 6-12
- **May 7 - Mother's Day Flower Pots** Ages 8-12
- **May 14 - Raindrop Gnomes** Ages 4-10
- **May 21 - Knotty Knitters** Ages 6-12
- **May 28 - Rain Sticks** Ages 4-10

# WEEKLY PROGRAMS

Renfrew Public Library - 13 Railway Ave.

## Bookworm Storytime

An interactive program for children plus a parent, grandparent or guardian. Come and join in for songs, stories, crafts & more!



**Begins Monday, March 25**  
**9:00 am - 10:00 am**

- Ages 2-3
- Registration Required

## Tickles & Giggles!

Enjoy a special outing with your baby at the library! Tickles & Giggles is a fun program of tickling rhymes, songs and stories!



**Begins Tuesday, March 26**  
**2:00 pm - 3:00 pm**

- Ages Newborn - 15 Months

## Storytime on Zoom

Join Susan for some interactive Storytime fun!



**Begins**  
**Thursday, March 28**  
**9:00 am - 9:30 am**

- Ages 1-5

## Caregiver's Corner

Get together weekly with fellow caregivers of in-home daycares to share playtime, stories and discovering the library!

**Begins**  
**Thursday, March 28**  
**10:00 am - 11:00 am**

- Ages 1-5 + A Caregiver



## Fiero Code Club

Learn to code using a variety of coding scripts in a fun and interactive way! Sign up and you can also play at home! Library card is required.

**Friday Afternoons**  
**4:00 pm - 5:00 pm**

- Ages 10-18
- Free!
- Registration Required

Renfrew Public Library - 13 Railway Ave



# TEENS & TWEENS

## Dungeons & Dragons

### D&D Day

Join DM Kat for a full day of Dungeons & Dragons! No previous experience required. Pizza lunch provided by Domino's!

**Friday, March 15**  
**9:00 am - 3:00 pm**

- Ages 11-16
- Free!
- Registration Required



### Teen D&D

Our epic biweekly Teen D&D session is open for new players!

**Tuesday Evenings**  
**April 9, April 23, May 7, May 21**  
**4:00 pm - 8:00 pm**

- Ages 13-18
- Free!
- Registration Required

### Mini D&D

Join our Dungeon Master for a short mini campaign to the world of Dungeons & Dragons.

**Tuesday, May 14 & 28**  
**4:00 pm - 7:00 pm**

- Ages 10-15
- Free!
- Registration Required

Renfrew Public Library - 13 Railway Ave.

## Clothing Swap

Want to switch up your style? Bring in your gently used clothing and swap it for something new (to you!) In conjunction with RCYWHO.

**Wednesday, March 13**  
**1:00 pm - 4:00 pm**

- Ages 12-25

myFM Centre: Community Hall - **ywho**  
1 Ma-te-Way Dr.

## Saturday Switch Tournaments

Switch up your Saturday by competing against others in the chosen game of the week!

**1:00 pm - 3:00 pm**

March	April	May
2nd & 30th	6th	4th & 11th

- Ages 10-16
- Free!
- Registration Recommended



Renfrew Public Library - 13 Railway Ave.

## Youth Craft & Pizza Day

Town of Renfrew has partnered with Renfrew County Youth Wellness Hub (YWHO) to offer this FREE program for youth aged 12-25. Create a craft and enjoy some pizza, all while socializing with your peers.

**Saturday, April 20**  
**12:00 pm - 2:00 pm**



- Ages 12-25
- Free!
- Registration Required

myFM Centre: Youth Centre - 1 Ma-te-Way Dr.

**ywho**



# TEENS & TWEENS

## Drama Lab for Kids

Performing Arts programs for kids. Instructed by Meaghan and Lucas of Ottawa Valley Theatre Kids.

**Thursday, April 11 - Thursday, June 6**

**Ages 6-8** 5:30 - 6:30 pm

**Ages 9-12** 6:30 - 7:30 pm

- \$90 for full 8-week session
- Gymnasium-St. Thomas School, 41 Bolger Ln.



## Interview Practice

Nervous about interviewing for a summer job? Sign up for a time slot and have a mock interview to get feedback and gain confidence for the real thing!



- Ages 14-19
- Free!
- Registration Required

**Friday, May 10**  
**3:00 pm - 5:00 pm**

Renfrew Public Library - 13 Railway Ave

## Youth Cooking Classes

Calling all aspiring young chefs! Instructor Trish Turner will teach you how to cook a new recipe each week.

**Session One (Snacks):**

**Thursday, March 21 - Thursday, April 11**

**Session Two (Desserts):**

**Thursday, April 25 - Thursday, May 16**

**5:00 pm - 6:30 pm**

myFM Centre: Youth Centre -  
1 Ma-te-Way Dr.



- Ages 8-12
- \$50 for 4-week session
- \$15 for 1-week
- Registration Required



# A BLEND OF PROGRAMS

## Chess

On the last Monday of the month, join John to learn chess or hone your strategy and skills.

- Ages 12+
- Free!
- Registration Recommended

**3:30 pm**

**March**

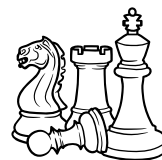
**25th**

**April**

**29th**

**May**

**27th**



Renfrew Public Library -  
13 Railway Ave.

## Sister Songs: Virtual Songwriting Sessions

A gateway into the world of musical expression. Covering topics of harmonics, melody and sensory writing. A beginner's guide to crafting beautiful music. Hosted by songwriter and performer, May Davis, this program guides you toward crafting a song that you can be proud of.

**Friday March 8- Friday, April 12**

**7:00 pm - 9:00 pm**

(No Class March 15 or March 29)

- For Female-Identifying Individuals
- Ages 16+
- Basic Knowledge of an Instrument Required

**\$140/  
4-Week  
Session**

Virtual Classes  
through Zoom

## Stretch Class for Men

Designed specifically for men, this class offers a dynamic and invigorating experience aimed at improving flexibility, mobility, and overall well-being. With certified personal trainer Jason Nowlan.

**Wednesday, April 3-Wednesday, May 1**

**3:00 pm - 3:45 pm**

- Dance Studio - myFM Centre , 1 Ma-te-Way Dr.
- \$50 for full 5-week session or \$15 for 1-week



## Badminton

Home Hardware Gymnasium offers 3 regulation badminton courts. All are welcome to sign up for these sessions. Open to the public.

**Thursday Evenings** (Beginning March 7)

**6:00 pm - 9:00 pm**

Home Hardware Gymnasium-myFM Centre, 1 Ma-te-Way Dr.



**\$4.50/  
Night**

# ONGOING PROGRAMS FOR ADULTS

## Take & Make Activities

Every month, Renfrew Public Library puts out a limited number of free packages containing everything you need to complete a craft or fun activity. Don't miss out on your chance to bring the fun of the library home with you! First come, first served!

## Adult Cooking Classes

Unleash your inner chef with our adult cooking classes!

### **Mondays**

**6:00 pm - 7:30 pm**

- \$50/ 3 Weeks
- \$20/ 1 Week
- Registration Required

Golden Age Activity Centre - 212 Raglan St. S

### **Cooking for One**

Monday, March 4 - Monday March 18

### **Cooking on a Budget**

Monday, April 8 - Monday, April 22

## Make with Me (Parent & Child Class)

Join us as we celebrate the magic of creativity, the joy of shared experiences, and the special bond between parent and child.

**Saturday, March 30** - Dyeing Easter Eggs

**Saturday, April 27** - Making Playdoh

**Saturday, May 11** - Making Cookies

**10:00 am - 11:30 am**

- Children Ages 3+
- \$20/ Session
- Registration Required

myFM Centre: Kitchen  
1 Ma-te-Way Dr.

## Community Activity Days

Rotate between arts, games, and discovery with this program for adults of all abilities. There's something new each week, so check the schedule to see what we're up to!

### **Every Tuesday**

**1:30 pm - 2:45 pm**

- Games & Discovery Days - Free!
- Art Days - \$5.00 Fee
- Registration Required

Renfrew and Area Connection Centre - 161 Raglan St. S



## Yoga Dance

Join Meredith as you connect with your body and release your inhibitions through gentle movement. A great way to add more movement to your week!

### **Thursdays**

**2:00 pm - 3:00 pm** (Six week sessions)

- For Adults
- Free!
- Registration Required

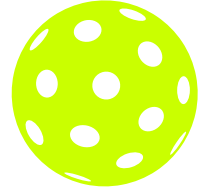
Renfrew Public Library - 13 Railway Ave

# PICKLEBALL

## Recreational Pickleball

This is a great place to play if you are new to the sport, or if you like to play recreationally. Get some exercise and socialize!

- Recreational play
- Home Hardware Gymnasium-myFM Centre, 1 Ma-te-Way Dr.
- \$3.00 per 2-hour session \*Drop ins welcome if space available.



**Monday**

1:00 pm-3:00 pm

**Tuesday**

6:00 pm-8:00 pm

**Wednesday**

10:00 am-12:00 pm

**Thursday**

1:00 pm-3:00 pm

**Friday**

10:00 am-12:00 pm

**Saturday**

9:00 am-11:00 am

**Registration opens monthly at noon on the last Monday of each month for the following month.**

## Pickleball Clinics

Join local pickleball enthusiasts who will teach you the basics of how to play pickleball in this 2-hour clinic.

- For adults/seniors who have never played before or have very little experience.
- Home Hardware Gymnasium-myFM Centre, 1 Ma-te-Way Dr.
- FREE-Registration is mandatory, and spaces are limited.

**Sunday, March 24 10:00 am - 12:00 pm**

**Sunday, April 28 10:00 am - 12:00 pm**

**Sunday, May 5 10:00 am - 12:00 pm**

\*NOTE\* We have lines on the floor for badminton which are not regulation lines for pickleball. It will still give you a good idea of how to play.

## Pickleball Drills

These drill sessions are intended for intermediate players that are still learning the sport and want to work on their game.

- Home Hardware Gymnasium-myFM Centre, 1 Ma-te-Way Dr.
- \$3.00 per 1-hour session \*Drop ins welcome if space available.

**Fridays 9:00 am-10:00 am**

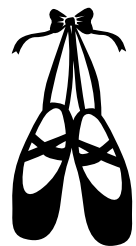


# FITNESS & DANCE CLASSES

## Ballet

Our ballet sessions are led by Mary Falconer, a ballet instructor with over 30 years experience teaching classes based on the standards of the Canadian Ballet Association. Ballet is the foundation of all dance techniques. Students will learn classical dance technique while they develop grace, posture, musicality, and concentration.

- Dance Studio- myFM Centre , 1 Ma-te-Way Dr.
- \$100 for 9-week session



**Thursday April 25 - Thursday, June 20**

**3 - 4 yr olds**

**5:00 pm - 5:30 pm**

**5 - 6 yr olds**

**5:40 pm - 6:25 pm**

**7 - 12 yr olds**

**6:35 pm - 7:20 pm**

**Teens**

**7:30 pm - 8:15 pm**

## Swing Dancing

Grab a friend, partner, or simply your enthusiasm, and join David for this incredible opportunity to learn, groove, and have a swingin' good time! Anyone can join! Solos or couples are both welcome.

- Dance Studio - myFM Centre , 1 Ma-te-Way Dr.
- \$48 for full 6-week session or \$10 for 1-week

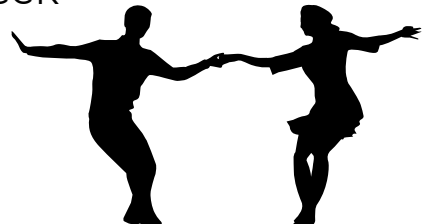
**Saturday, March 23 - Saturday, April 27**

**Beginner**

**6:00 pm - 7:00 pm**

**Intermediate**

**7:00 pm - 8:00 pm**



## Line Dancing

All ages are welcome to register for Line Dancing Classes with instructor Val Penno. Two different levels to choose from.

- Community Hall - myFM Centre , 1 Ma-te-Way Dr.
- \$80 for full 8-week session or \$15 for 1-week

**Novice**

**5:00 pm - 6:00 pm**

**Basic**

**6:30 pm - 7:30 pm**

**Wednesday, March 20 - Wednesday, May 8**

# Essentrics® with Kimberly

This dynamic workout will activate all your muscles, free your joints, and increase mobility. Easy to follow—our full body technique works through your muscle chains in order to liberate, empower and relieve them from tension.

- Dance Studio - myFM Centre , 1 Ma-te-Way Dr.
- \$100 for full 12-week session or \$10 for 1-week class

**Tuesday, March 5 - Tuesday, May 21**

- **2:30 pm - 3:30 pm**
- **5:30 pm - 6:30 pm**



# Low Impact Fitness Class

Join us on Wednesday afternoons for this Low Impact Fitness Class instructed by Colleen Barrie.

- Community Hall at myFM Centre, 1 Ma-te-Way Dr.
- \$40/10-week session or \$15/1-week Drop-In

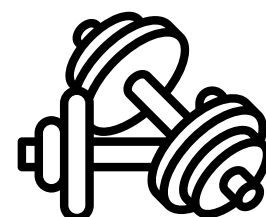
**Session One:**

**Wednesday, March 6 - Wednesday, March 27**

**Session Two:**

**Wednesday, May 1 - Wednesday, May 22**

**4:30 pm - 5:30 pm**



# Dancercise

Get ready to dance your way to fitness with our exciting program, led by the fabulous Olga! Dance based moves, adding on as you go.

Beginners welcome!

- myFM Centre, 1 Ma-te-Way Dr.
- \$40 for full 9-week session or \$6 for 1-week class

**7:30 pm - 8:30 pm**



**Two nights  
to choose from**

**Mondays**

**Monday, March 18-  
Monday, May 27**

**Wednesdays**

**Wednesday, March 20-  
Wednesday, May 15**

# RED CROSS TRAINING COURSES

## First Aid

Six First Aid course options are run concurrently, and the prices and durations vary. All courses start at 9:00 am with staggered end times depending on the chosen course.

**Saturday, May 4**

Visitor Information Centre -  
190 Mask Rd.



**CPR C**  
\$75

**Emergency  
First Aid**  
\$105

**Standard  
First Aid**  
\$129

**Marine  
Basic First  
Aid**  
\$144

Use coupon code:  
**RenfrewRec**. This code  
provides users with a  
**\$10 discount** on CPR-C,  
EFA, or SFA courses  
offered in partnership with  
the Town of Renfrew.

## Babysitter's Course

Instructed by a Canadian Red Cross instructor from 13 First Aid. This course covers everything from managing difficult behaviors to essential content on leadership and professional conduct as a babysitter, with an increased focus on first aid.

**Saturday, May 11**

**9:00 am - 3:30 pm**



**13FIRSTAID**

- Recommended for youth between the ages of 11-15
- \$75.00 + HST registration

Visitor Information Centre, 190 Mask Rd.

Use coupon code:  
**RenfrewRec**. This code  
provides users with a  
**\$10 discount** on  
Babysitter's Course  
offered in partnership with  
the Town of Renfrew.

## Stay Safe! Home Alone Course

Instructed by a Canadian Red Cross instructor from 13 First Aid. This program teaches applicable and age-appropriate skills while increasing and reinforcing participants' capacity to improve their own safety.

**Sunday, May 26**

**9:00 am - 2:30 pm**



**13FIRSTAID**

- Recommended for youth between the ages of 9-13
- \$70.00 + HST registration

Visitor Information Centre, 190 Mask Rd.

Use coupon code:  
**RenfrewRec**. This code  
provides users with a  
**\$10 discount** on Stay Safe!  
Home Alone Course  
offered in partnership with  
the Town of Renfrew.

# EXTERNAL CONTACTS

The below contacts are individuals and organizations that rent space at a Town of Renfrew facility to instruct their own programs.

- **FITNESS CLASSES:** Pat McGregor 613-312-9544 [patter@sympatico.ca](mailto:patter@sympatico.ca)
- **YOGA:** Francis Finnigan 613-601-6124 [flowerlady\\_450@hotmail.com](mailto:flowerlady_450@hotmail.com)
- **DOG OBEDIENCE:** Ashley Fontes 613-570-1823 [ashley.fontes.11@gmail.com](mailto:ashley.fontes.11@gmail.com)
- **BRAZILIAN JIU JITSU:** Jason Smith 613-432-0437 [renfrewbjj@gmail.com](mailto:renfrewbjj@gmail.com)
- **BEAT BUDDIES:** Kelly Pecoskie 613-312-7531 [kellypecoskie@gmail.com](mailto:kellypecoskie@gmail.com)
- **WATER PAINT CLASS:** Pat Forrest 613-433-6539 [paforrest@gmail.com](mailto:paforrest@gmail.com)
- **ACRYLIC PAINT CLASS:** Murielle Egan 613-290-5413 [murielleegan@gmail.com](mailto:murielleegan@gmail.com)
- **KARATE:** Mauro Borghi 613-432-0070 [mauroborghi@hotmail.com](mailto:mauroborghi@hotmail.com)
- **ZUMBA:** Peter Boldt 613-432-5654 [boldtqualitycontrol@gmail.com](mailto:boldtqualitycontrol@gmail.com)
- **BELLY DANCE:** Gwen Melville 613-432-7459 [gelabellydance@gmail.com](mailto:gelabellydance@gmail.com)
- **BABY COLLEGE:** Katrina Morrison 613-204-8770 [kat@babycollege.ca](mailto:kat@babycollege.ca)
- **BALLET:** Michelle Picard 613-639-3588 [michellepicard@nrtco.net](mailto:michellepicard@nrtco.net)
- **CIRCUIT TRAINING:** Dan Caldwell [wathunk@hotmail.com](mailto:wathunk@hotmail.com)
- **GYMNASTICS:** Gymnastics EH! [youthgymnasticseh@gmail.com](mailto:youthgymnasticseh@gmail.com)
- **MINOR HOCKEY:** Kyle Schroeder (President) [president@renfrewminorhockey.ca](mailto:president@renfrewminorhockey.ca)
- **RINGETTE:** [president@uovringette.ca](mailto:president@uovringette.ca)
- **FIGURE SKATING:** Marnie Pratt (President) [renfrewfigureskatingclub@gmail.com](mailto:renfrewfigureskatingclub@gmail.com)
- **MINOR SOCCER:** Shannon Hewitt (President) [rmscpresident@gmail.com](mailto:rmscpresident@gmail.com)

Questions regarding renting a facility, please contact Donna McWhirter



[dmcwhirter@renfrew.ca](mailto:dmcwhirter@renfrew.ca)



613-432-3131 x701





**Renfrew**  
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Bridging Charm and Convenience



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Town of Renfrew newsletter



**Renfrew Public Library**



**Stay up to date!**  
Click here to sign up for our monthly  
Renfrew Public Library newsletter

### **Do you have a special skill, hobby or interest?**

We are always looking for instructors who can offer programs and activities for groups, workshops, or even single/one-time events.

Contact us using information below.

**Town of Renfrew** ☎ 613-432-4848 x 118

✉ [programs@renfrew.ca](mailto:programs@renfrew.ca)

**Renfrew Public Library** ☎ 613-432-8131 x 603

✉ [info@renfrewlibrary.ca](mailto:info@renfrewlibrary.ca)